



**UPPER MORELAND  
PARKS AND RECREATION  
DEK HOCKEY PROGRAM**

**Mondays, May 8 - June 19 (omit 5/29)**

**Location: Veterans Memorial Park Rink**

**Times: 5pm - 6pm for ages 4 - 5**

**6pm - 7pm for Grades 1 - 4**

**7pm - 8pm for Grades 5-8**

**Fee: \$60 R / \$90 NR**

Dek Hockey is another term for 'street' or 'foot' hockey. Participants will learn the fundamentals of hockey with a major focus on 3 skills. Stickhandling, shooting & passing. Your children will be extremely active for the entire hour. Half of the session will be spent doing high energy drills with top level instruction. The other half will be playing games and/or scrimmaging in order to put those new acquired skills to work. Children should bring a stick, wear shinguards, sneakers and a helmet. Some equipment will be available for participants to borrow. Please contact UMPR if you need equipment.

UPPER MORELAND PARKS AND RECREATION  
REGISTER ON-LINE AT  
[WWW.UPPERMORELANDREC.COM](http://WWW.UPPERMORELANDREC.COM)  
FOR MORE INFORMATION CALL (215) 659-3100 X1039 OR EMAIL  
[PROGRAMS@UPPERMORELAND.ORG](mailto:PROGRAMS@UPPERMORELAND.ORG)

